

Garlic Bread	6.49
Freshly baked pizza base, garlic butter a	nd
parsley Add cheese (+2.00)	
Add tomato (+2.00)	
Focaccia	6.95
Flat bread, oregano, rosemary and fine se	a salt
Focaccia al Pomodro	7.99
Flat bread with tomato sauce & olive	e oil
Cesto di Pane	6.95
A selection of breads, balsamic vinegar, of olive oil or butter	choice
Bruschetta alla Romana	6.95
Toasted bread topped with garlic, chern tomato, red onion, basil, olive oil and pe drizzle	
Marinated Olives & Feta Cheese	4.95
Marinated Olive	3.95
Greek salad	7.49
Olives, tomatoes, cucumbers,	
peppers, onions, feta cheese, walnut	
Starters	
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Homemade vegetable soup (v) served with warm bread	6.45
Insalata Caprese on	8.49

Insalata Caprese (V)	8.49
Buffalo mozzarella, avocado, fresl olive oil dressing	n tomatoes,
Funghi Alfredo (v)	7.99
Mushrooms with garlic simmered	

cream sauce topped with m Parmigiana di Melanzane (V) 8.49

Grilled aubergine baked in béchamel and

tomato sauce topped with parmesan cheese 8.99

Lamb Meatballs

Marinated in ras el hanout spice, tomato sauce, harissa chilli topped with goats cheese

Asparagus in prosciutto 9.00 Pan fried Fresh Asparagus wrapped on Italian cured ham & Rocket salad

7.49

7.49

8.99

11.99

8.99

9.49

9.99

7.99

Kofte

Ground beef and lamb mixed with fresh parsley, onions, garlic Served with Tzatziki

Chorizo Guisado

Slowly cooked chorizo, onion, mixed peppers, baby spinach, butter beans and tomato

BBQ Ribs

BBQ Ribs	8.99
Lightly smoked pork ribs in our sig	nature
BBQ sauces	

Calamares

Deep fried squid served with fresh salad and homemade tartar sauce

Scallops Provencal

Pan seared kings scallops sautéd in garlic, lemon butter and white wine sauce served on



Chicken Espetada Prime cuts of chicken marinated for grilled and served with basmati Med turmeric yellow rice Lamb Espetada	
Prime cuts of lamb marinated for 24 grilled and served with basmati Mer turmeric yellow rice	diterranean
<i>Mixed Espetada</i> Prime cuts of chicken and lamb mar 24 hours, grilled and served with ba Mediterranean turmeric yellow rice	ismati
Eggplant (V) Roast Aubergine, Tahini, fried garlic cherry Tomato and Napoli sauce, Ch and chives	
Grilled kofte	17.99
ground beef and lamb mixed wi parsley, onions, garlic ,Served w Grilled Tomato, Pepper and Sou	ith tzatziki
Pollo al Tarragon & Asparagu Breast of chicken cooked in a cre tarragon sauce & Asparagus	
Pollo Royal Chicken breasts, prawns, sun dried t and baby spinach slowly cooked in a creamy saffron sauce	
Pollo Pizzaiola Chicken breasts, mixed peppers and cooked in Napoli sauce, hint of chilli with melted mozzarella and Parma I	, finished
Pollo Parmigiana Chicken breasts covered in parmesa bread, lightly fried and coated in Na finished with an assortment of melt	poli sauce,
Pollo alla Crema	16.49
Chicken breasts and mushrooms slo in a cream, white wine and parsley s	
Lamb Chops Grilled tender lamb chops served wi red wine and mushroom sauce (+3	
Beef Stroganoff Strips of fillet steak, shallots and mu cooked in a mustard and cream saud served with rice	
Greek Chicken Salad	16.49
Marinated Chicken, grilled and serve salad of mixed leaves, red onion, to olives, walnuts, feta chees	
Grilled Fillet Steak 8oz	24.49
Rib-eye Steak	19.49
Selection of sauces	(+ 3.50)
Green peppercorn, tomato and Creamy dolcelatte sauce with m	ushrooms
 Shallots and pancetta in red win Pizzaiola Peppers, chili, olives, n 	



Mac & Cheese	16.49
Traditional macaroni and cheese mixed with rich and creamy dish consistin a cheesy sauce added shrimp Or chicken	g
Italiano Lasagna	13.49
Traditional beef lasagna with bechamel and	1
mozzarella cheese	
Spaghetti Bolognese	12.99
Spaghetti with homemade Bolognese sauce parmesan cheese	e and
Spaghetti Carbonara	12.49
Spaghetti with pancetta, cream and parmet cheese	san
Tagliatelle Verdi (v)	13.49
Flat pasta artichoke, courgette, garlic, gree basil, pesto mixed with light cream and gar with sun-dried tomatoes	
Tagliatelle Con Pollo E Gamberetti	14.49
Flat pasta, cubed chicken breast, tiger praw Mushroom and garlic in a creamy tomato s	
PenneSalmone E Granchio	14.49
Short tube pasta, salmon, crab meat and ga in a white wine, cream and tomato sauce	arlic
Penne Arrabiata (V)	12.49
Short tube pasta, roasted peppers, garlic ar	
chilli in a tomato sauce	
Linguine Al Frutti Di Mare	16.49
Flat pasta, mussels, mixed seafood, olives a	ind
garlic in a white wine sauce and parsley	
Linguine Al Diablo	21.49
Linguine, monkfish, tiger prawns, scallops,	
calamari, mussels, garlic, capers, white win and Calabrian chilli salsa. Served with rocke	
salad cherry tomato and almond pesto driz	
Tortellini Spinaci E Ricotta (V)	14.49
Pasta filled with spinach and ricotta cheese	
cooked in a creamy sauce with woodland	

RisottoAl Funghi E Asparagi (V) 12.49

Arborio rice, onion, woodland mushrooms and asparagus in a creamy sauce topped with parmesan cheese

Risotto Calabrese

mushrooms and parsley

Arborio rice, chicken, mushrooms and asparagus served with Parma ham and Napoli sauce garnish

15.49 **Risotto Pescatora** Arborio rice, mixed seafood (Shellfish), garlic and chilli with a touch of Napoli sauce

Risotto Con Zafferano E Gamberi 16.49 Arborio rice, prawns, courgette, garlic, white wine cream sauce with a hint of chilli and



13.49

18.49

19.49

21.49

Classic Margherita (v)11.49Tomato sauce and mozzarella
Ham & Mushroom 12.49
Tomato sauce, mozzarella, prosciutto ham and mushrooms
Napoli 12.49
Tomato sauce, mozzarella, olives, capers and anchovies
Pepperoni 12.49
Tomato sauce, mozzarella and pepperoni
Four Cheese 13.49
Tomato sauce, mozzarella, goats cheese, gorgonzola and parmesan
Spring 13.49
Tomato sauce, mozzarella, cherry tomato, rocket, parma ham and parmesan
All Season (V) 13.49
Tomato sauce, mozzarella, garlic, artichoke, mushroom and olives
Gorgonzola 13.49
Tomato sauce, mozzarella, chilli, spring onion, pepperoni and gorgonzola
Chicken Pesto 13.49
Pesto sauce, mozzarella, red onion, baby spinach, aubergine and chicken
Classic Vegetarian (V) 13.49
Tomato sauce, mozzarella, red onion, aubergine, mushroom, courgette and olives
Vegetarian Hot (v) 13.49
Tomato sauce, mozzarella, red onion, mushroom, mixed peppers, jalapeno and chilli
Sicilian (V) 13.49
Tomato sauce, mozzarella, sun-dried tomato, aubergine, courgette and olives
Calzone Meat 13.49
Tomato sauce, mozzarella, pepperoni, salami, sausage and prosciutto ham
Seafood Fiesta 14.49
Tomato sauce, garlic, olives, mussels, squid and

Tomato sauce, garlic, olives, mussels, squid and prawns

Meat Feast	13.49
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Tomato sauce, mozzarella, pepperoni, salami, sausage and prosciutto ham

If you have any food allergies or intolerances, please inform your waiter who will advise you on the dishes that can be made to suit your diet

with steamed courgettes

Mussels

Fresh mussels steamed in a broth of garlic, lemon butter and white wine garnished with OR Tomato sauce mild chilli and white wine garnished with lime

Gamberoni Picante

Grilled butterfly tiger prawns served in garlic, chilli infused Napoli sauce

Antipasto

Selection of italian cured meats olives & rocket salad

Golden Whitebait

Deep fried crispy whitebait served with fresh salad and homemade tartar sauce

Mozzarella Tiepidu e Prosciutto 7.99

Fresh mozzarella wrapped in parma ham served with rocket salad, caramelised onion and drizzled with an aged balsamic dressing

Shrimp and Crab Meat Cocktail 9.99 Shrimp and crab meat tossed in Marie Rose sauce and served with fresh salad and avocado

Main dish served with Roasted vegetables or fries

surf 'n' turf is a main course combining

seafood and grilled red meat & chicken

A typical seafood component would be

prawns, shrimp, breaded squid, scallops

saffron

29.99

19.49

23.49

21.49

19.49

Branzino Mediterranean 24.99 Roasted whole sea bass, greek flavors of fresh lemon juice, fennel, salsa verde fresh dill, oregano, rosemary and cherry tomatoes.

Grilled Tuna Tuna, Fennel, chilli and dill

Monk Fish

melted mozzarella

Surf and turf

Monk fish, prawns and asparagus simmered in a creamy tomato sauce

Grilled Swordfish

Swordfish, capers, olives and cherry tomato es with a hint of chilli

Pan-Fried Seabass

Seabass, calamari, garlic, cannelloni beans and chilli cooked in a tomato sauce

Steamed Seabass 19.49 Seabass, prawns and garlic simmered in lemon butter sauce and served on a bed of spinach

Grilled Salmon

Salmon marinated with lemon and herbs served with grilled courgette and asparagus

Tuscan Salmon

Salmon fillet simmered in a rich and creamy lemon and dill sauce

Chilli Tiger Prawns

Pan-fried tiger prawns simmered in garlic, onion, white wine and tomato sauce, baby spinach and hint of chilli

Coll	
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Plain Rice	2.
Rosemary Potatoes	3.
Roasted Vegetables	- 3.
Steamed Broccoli	3.
Sweet Potato Fries	3.
French Fries	3.
House Salad	- 3.
Tomato & Onion Salad	3.
Rocket and parmesan salad	3.

Mashed potato

Steamed asparagus

Tomato & olive salad with

anchovy & caper dressing

99

2.99

4 99

4.99